

March 7, 2018

## Notice to Unitholders Tax Treatment of 2017 Distribution

## Middlefield Healthcare & Wellness Dividend Fund ("Wellness")

Wellness will be issuing T3 Supplementary slips to registered unitholders by March 31, 2018. The following table outlines the allocation of the 2017 distribution for each Unit.

			ALLOCATION
		DISTRIBUTION	RETURN OF
RECORD DATE	PAYABLE DATE	PER UNIT	CAPITAL
January 31, 2017	February 15, 2017	\$ 0.041670	\$ 0.041670
February 28, 2017	March 15, 2017	0.041670	0.041670
March 31, 2017	April 13, 2017	0.041670	0.041670
April 30, 2017	May 15, 2017	0.041670	0.041670
May 31, 2017	June 15, 2017	0.041670	0.041670
June 30, 2017	July 14, 2017	0.041670	0.041670
July 31, 2017	August 15, 2017	0.041670	0.041670
August 31, 2017	September 15, 2017	0.041670	0.041670
September 30, 2017	October 13, 2017	0.041670	0.041670
October 31, 2017	November 15, 2017	0.041670	0.041670
November 30, 2017	December 15, 2017	0.041670	0.041670
December 31, 2017	January 15, 2018	0.041670	0.041670
	TOTAL	\$ 0.500040	\$ 0.500040

The return of capital component of the distribution is not taxable; however, it reduces the adjusted cost base of the Units.

100.00%

100.00%

Wellness Units trade on the Toronto Stock Exchange under the symbol HWF.UN.

For further information, please visit our website at <a href="www.middlefield.com">www.middlefield.com</a> or contact Nancy Tham or Michael Bury in our Sales and Marketing Department at 1-888-890-1868.